

Summer School of Rheumatology

Porto, 2–4 July 2026

Day 1 — Thursday, 2 July 2026

14:00–15:00 — Registration; Welcome & Opening of the Course

15:00–16:30 — Lung involvement in systemic rheumatic diseases

- Lung manifestations in systemic rheumatic diseases
- The advancement of lung imaging in systemic rheumatic diseases: what's new
- The treatment of rapidly progressing interstitial lung disease in systemic rheumatic diseases

15 min discussion

16:30–17:00 — *Coffee Break*

17:00–18:00 — Hot Topics in Systemic Autoimmune Rheumatic Diseases

- Systemic lupus erythematosus and fatigue: Is it disease activity and how to manage?
- Pregnancy in connective tissue diseases: What should rheumatologists be aware of?

10 min discussion

18:00–19:00 — Communication / Porto's Historical Monuments (TBC)

20:00 — Dinner

Day 2 — Friday, 3 July 2026

09:00–10:00 — Vasculitis

- Polymyalgia rheumatica and giant cell arteritis: today's treatments and tomorrow's possibilities
- EGPA or hypereosinophilic syndrome? Diagnostic challenges in eosinophilic disorders

10 min discussion

10:00–11:00 — Rheumatoid Arthritis

- Remission in rheumatoid arthritis — concept, measures, and therapeutic management
- Comorbidities in rheumatoid arthritis — virtues and handicaps of JAK inhibitors

10 min discussion

11:00–11:30 — Coffee Break

11:30–13:00 — Spondyloarthritis

- Genetics and crossroads between innate and adaptive immunity
- Microbiota in axial spondyloarthritis
- New insights into peripheral spondyloarthritis

15 min discussion

12:30–13:30 — Lunch

13:30–15:00 — Challenging Clinical Cases

(Selection of trainee submissions; Chairs TBA) [related to themes that are being covered during SS plus prize if budget allows]

Submission in the form of ABSTRACT within 10 topics (lung; pregnancy....) – those not selected for oral presentation, may be selected for poster presentation

- 13:30–13:50 — Clinical Case 1
- 14:00–14:20 — Clinical Case 2
- 14:30–14:50 — Clinical Case 3

10 min discussion

15:00–15:30 — Coffee Break

15:30–18:00 — Workshops (topics TBA) **ALLOCATED TIME 2:30H**

Workshop 1 • Workshop 2 • Workshop 3

20:00 — Dinner

Day 3 — Saturday, 4 July 2026

09:00–10:00 — Autoinflammatory Syndromes

- What are autoinflammatory diseases?
- Recently discovered autoinflammatory syndrome — VEXAS

10 min discussion

10:00–11:30 — Complementary Diagnostic Tests

- MRI key findings in axial spondyloarthritis and idiopathic inflammatory myopathies
- Ultrasound of the lungs and salivary glands: when to request it, how to perform it, how to interpret findings
- What is the actual role of radiographs in the evaluation of rheumatic patients?

15 min discussion

11:30–12:00 — Coffee Break

12:00–13:30 — Placebo Effect in Rheumatology

Chairs: TBA

- How powerful is it?
- How does it work?
- Can or should we use it?

15 min discussion

13:30 — Closing Remarks

13:40 – 14:30 Farewell lunch